

June 2026 Home Delivered Meals

Hot Menu

a LifePath and Albany County Department for Aging Nutrition Program

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>All meals provide ½ pint 1% milk, bread and butter spread, appropriate starch and vegetable, and dessert. Lower sodium, no added salt products used. Whole wheat and other whole grain products used. Most fruits in juice or unsweetened. Most items are subject to last minute substitutions.</p>						
1 Lemon Garlic Fish	2 Mac & Cheese	3 Penne with Meat Sauce	4 Open Faced Hot Turkey Sandwich	5 Chicken ala King	6 Lasagna Roll-Ups	7 Tuna Noodle Casserole
8 Chicken Broccoli Alfredo	9 Swiss Cheeseburger	10 Baked Ham with Pineapple	11 Baked Fish	12 Chicken Marsala	13 Chicken Chili	14 Sloppy Joe
15 American Goulash	16 Lemon Herb Baked Chicken	17 Salisbury Steak with Mushroom Gravy	18 Meatless Baked Ziti	19 Potato Crunch Fish	20 Mac & Cheese	21 Penne with Meat Sauce
22 Lasagna Roll Ups	23 Tuna Noodle Casserole	24 Chili Con Carne	25 Roast Pork	26 Penne Pasta with Meatballs	27 Baked Ham with Pineapple	28 Swiss Cheeseburger
29 Seafood Mac & Cheese	30 Sloppy Joe					

June 2026 Home Delivered Meals Cold Menu

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>All meals provide ½ pint 1% milk, bread and butter spread, appropriate starch and vegetable, and dessert. Lower sodium, no added salt products used. Whole wheat and other whole grain products used. Most fruits in juice or unsweetened. Most items are subject to last minute substitutions.</p>						
1 Swiss Cheese Sandwich	2 Tuna Salad Sandwich	3 Chicken Salad Sandwich	4 Egg Salad Sandwich	5 Turkey & Swiss Sandwich	6 Cottage Cheese with Pineapple	7 Chicken BLT Pasta Salad
8 American Submarine Sandwich	9 Roast Beef Sandwich	10 Cottage Cheese & Hard Boiled Egg	11 Chicken BLT Pasta Salad	12 Turkey & Swiss Sandwich	13 Roast Beef Sandwich	14 Ham Salad Sandwich
15 Turkey Sandwich	16 Curry Chicken Salad Sandwich	17 Ham & Swiss Sandwich	18 Egg Salad Sandwich	19 Cottage Cheese with Peaches	20 Tuna Salad Sandwich	21 Roast Beef Sandwich
22 Ham & Swiss Sandwich	23 Turkey Sandwich	24 Tuna Salad Sandwich	25 Roast Beef & Swiss Sandwich	26 Chicken Waldorf Salad (with Walnuts)	27 Cottage Cheese with Peaches	28 American Submarine Sandwich
29 Roast Beef Sandwich	30 Turkey & Swiss Sandwich					