

CONGREGATE DINING & CENTERS

Town of Berne Community & Senior Center
1360 Helderberg Trail • Berne, NY

Cohoes Senior Center
18 Mohawk St. • Cohoes, NY

Livingston School Apartments
315 Northern Blvd. • Albany, NY

Ohav Sholom Apartments
115 Krumkill Rd. • Albany, NY

South Mall Towers
101 South Pearl St. • Albany, NY

St. Matthew's Roman Catholic Church
25 Mountainview St. • Voorheesville, NY

Watervliet Senior Center
1501 Broadway • Watervliet, NY

Westerlo Town Hall
933 County Route 401 • Westerlo, NY

Westview Homes
680 Central Ave. • Albany, NY

Wyman Osterhout Community Center
7 The Old Rd. • Voorheesville, NY

NEWGATE SOCIAL ADULT DAY PROGRAM

28 Colvin Ave., Suite 1 • Albany, NY 12206

MEALS ON WHEELS KITCHEN

20 Warren St. • Albany, NY 12202



LifePath Administrative Offices
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GOVERNMENT & MUNICIPAL PARTNERS



Daniel P. McCoy
Albany County Executive



CORPORATE PARTNERS



A plan for life.



We are grateful to our major donors, funders and grantors for their generous support in 2025. Their partnership strengthens our mission and sustains essential programs throughout our community

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* provided by the Community Foundation for the Greater Capital Region.



2025 Annual Report

We are dedicated to keeping our older neighbors and friends healthy and safe by providing effective programs and supports to help them stay connected to our communities.

Expanding Access Through Partnerships

Through strategic partnerships and targeted investments, we expanded access to services that strengthen independence and community connection. Some of these highlights include:

- Helped older adults schedule appointments, navigate health portals and access essential supports, meeting Albany County ARPA grant goals.
- Facilitated two five-session Aging Mastery Program® workshops at St. Matthew’s Church and Livingston School Apartments and hosted two Mini Senior Expos linking older adults and caregivers to community services, funded by Albany County Department for Aging.
- Administered nearly 100 vaccines at Cohoes and Watervliet centers, St. Matthew’s Church and the Capital Region Senior Expo through partnerships with Marra’s Pharmacy, Price Chopper/Market 32 and CDPHP Rx.
- Provided hands-on learning opportunities for students across multiple programs through collaboration with Russell Sage College.
- Strengthened our Social Adult Day Program through a New York State-funded initiative focused on workforce development, enhanced training and person-centered planning.
- Launched an evidence-based behavioral health program for older adults, developed and implemented by a doctoral intern in partnership with University at Albany School of Social Welfare and Albany Guardian Society.
- Hosted seven storytelling workshops with funding support from the Bender Family Foundation and in partnership with the Albany Public Library, helping participants preserve family histories through written and recorded formats.
- Ensured supportive services remained accessible to Westview Homes residents through the ROSS grant and our partnership with the Albany Housing Authority.

Tradition Meets Momentum

Nearly 2,000 attendees joined LifePath’s events in 2025, helping raise over \$222,389 to support programs that keep older adults connected, engaged and thriving. Signature events such as the 29th Annual Third Age Achievement Awards, 27th Annual Travers Soirée and 34th Annual Capital Region Senior Expo continue to unite the community and fuel our mission. Newer initiatives including Dinner Theatres, special dinners, Mini Expos and community picnics are quickly becoming just as successful.

Our 2025 Impact

- Delivered 123,945 meals, keeping older adults nourished and connected to their communities.
- Provided 14,690 hours of care through the Social Adult Day Program, giving 32 participants structured, engaging days with friends.
- Engaged 34 staff members and nearly 200 volunteers to bring our mission to life every single day.
- Welcomed over 650 older neighbors to 32,497 community meals across ten locations, creating opportunities for connection and friendship
- Conducted more than 2,800 individualized support sessions, linking participants to essential services and resources to help them thrive.
- Reached residents across the Capital Region at 25 community events, workshops and public gatherings, sharing information about LifePath, its programs and our mission.

Fueling Our Mission

LifePath relies on a mix of funding to sustain and grow programs that help older adults thrive. While government support from the NYS Office for Aging, Albany County and the Cities of Cohoes and Watervliet provides the largest share, grants, corporate sponsorships, individual donations and fundraising events are critical to ensuring we can continue our work.

By broadening our support, we can keep overhead costs low and direct the majority of resources to meals, wellness programs, social services and community connections. Diversifying funding ensures that older neighbors remain healthy, safe and engaged while maintaining independence and well-being, no matter what challenges arise.

