

We extend our heartfelt gratitude to our major donors, funders and grantors for their generous support in 2024. Their contributions have been instrumental in advancing the LifePath mission, enabling us to provide essential programs and services to older adults in our community.

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\* provided by the Community Foundation for the Greater Capital Region.

GOVERNMENT & MUNICIPAL PARTNERS



CORPORATE PARTNERS



CONGREGATE DINING & CENTERS

**Town of Berne Community & Senior Center**  
1360 Helderberg Trail • Berne, NY

**Cohoes Senior Center**  
10 Cayuga Plaza • Cohoes, NY

**Livingston School Apartments**  
315 Northern Blvd. • Albany, NY

**Ohav Sholom Apartments**  
115 Krumkill Rd. • Albany, NY

**South Mall Towers**  
101 South Pearl St. • Albany, NY

**St. Matthews Roman Catholic Church**  
25 Mountainview St. • Voorheesville, NY

**Watervliet Senior Center**  
1501 Broadway • Watervliet, NY

**Westerlo Town Hall**  
933 County Route 401 • Westerlo, NY

**Westview Homes**  
680 Central Ave. • Albany, NY

**Wyman Osterhout Community Center**  
7 The Old Rd. • Voorheesville, NY

SOCIAL ADULT DAY PROGRAMS

**Cohoes Companions**  
Cohoes Senior Center  
10 Cayuga Plaza • Cohoes, NY 12047

**Newgate**  
LifePath Administrative Office Building  
28 Colvin Ave., Suite 1 • Albany, NY 12206

MEALS ON WHEELS KITCHEN

20 Warren St. • Albany, NY 12202

**LifePath Administrative Offices**  
28 Colvin Ave., Suite 2 • Albany, NY 12206  
P: 518-465-3322 • Fax: 518-465-6188  
info@lifepathny.org • www.lifepathny.org



# 2024 Annual Report

We are dedicated to keeping our older neighbors and friends healthy and safe by providing effective programs and supports to help them stay connected to our communities.

## HIGHLIGHTS

- LifePath welcomed Gary March as Executive Director, bringing 15+ years of healthcare leadership.
  - We continue to fulfill the ROSS Grant in partnership with the Albany Housing Authority, enhancing services for Westview Homes residents.
  - We were awarded an ARPA grant from Albany County to expand Senior Services. Our staff assists older adults to access essential medical, social and housing services to maintain their independence.
  - Marra's Pharmacy and CDPHP Rx hosted Blood Pressure and Flu Shot Clinics in Cohoes, Watervliet and Westview Homes, providing essential health services to the community.
  - In collaboration with Russell Sage College, LifePath trained 12 Occupational Therapy students in our Social Adult Day Programs, enhancing care and providing real-world experience.
  - LifePath received funding from NYS allowing for investment in training, workforce improvements, person-centered planning and policy effectiveness for the Social Adult Day Programs.
  - In observance of World Elder Abuse Day, LifePath partnered with Albany Guardian Society to plant trees, symbolizing our commitment to protect and honor older adults in our community.
  - We partnered with the University at Albany to offer an internship for a social work student, providing valuable hands-on experience.
- In partnership with the Albany County Department for Aging, LifePath:
    - hosted an Open House at the Wyman Osterhout Community Center, where residents from New Scotland learned about programs available.
    - was selected to design the County reusable bags in honor of older adults during Older Americans Month in May.
    - facilitated a 10-session Aging Mastery Program® at the Wyman Osterhout Community Center, benefiting 25 participants and providing valuable tools for successful aging.
  - opened our tenth community dining meal site at the Westerlo Town Hall, serving another underserved rural community in the hilltowns.
  - coordinated three Mini-Senior Expos at the Cohoes & Watervliet Senior Centers as well as Westview Homes brought vital services directly to older adults in the County.

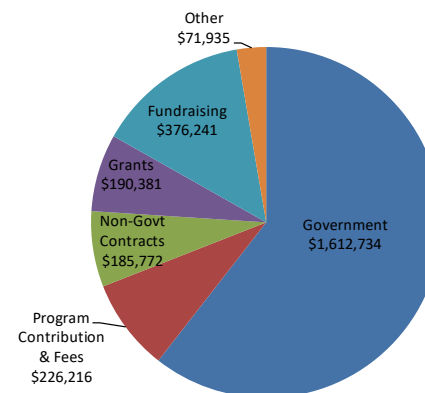
## EVENTS

LifePath's fundraising events, including the 28th Annual Third Age Achievement Awards, 26th Annual Travers Soirée, and 33rd Annual Capital Region Senior Expo, alongside Dinner Theatres, special dinners at our Centers, Mini Expos, and senior picnics, were a tremendous success. Nearly 2,000 attendees joined us, helping raise more than \$225,000 to support our mission and programs for older adults in the community.

## 2024 FINANCIAL REPORT

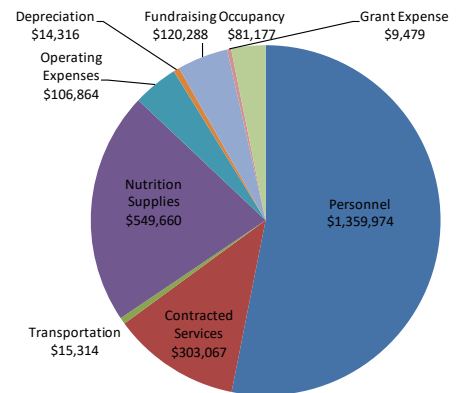
LifePath relies on a diverse mix of funding sources to sustain and expand our programs for older adults. While government funding from the NYS Office for Aging, Albany County, and the Cities of Cohoes and Watervliet provides the largest share of our revenue, we also depend on grants, corporate sponsorships, individual donations, and fundraising events to further our mission.

### revenues



To maximize impact, we prioritize directing resources where they matter most—keeping overhead costs low so that the majority of funding goes directly toward providing meals, wellness programs, social services, and community connections. This commitment ensures older neighbors can remain healthy, safe, and engaged, fostering independence and well-being throughout our community.

### expenses



## PROGRAM OUTCOMES

- 137,151 meals were prepared and delivered from our kitchens.
- 39 individuals received over 16,410 hours of care in our Social Adult Day Programs, spending their days in a structured and supportive environment surrounded by friends.
- Thirty-five dedicated staff members and more than 200 volunteers worked together to fulfill LifePath's mission.
- 723 older adults enjoyed the experience of sharing one or more of the 32,829 community meals we served, fostering connection, nutrition, and well-being.
- Our skilled staff provided over 1,000 hours of one-on-one case assistance - offering personalized support to meet their unique needs.
- Our knowledgeable staff actively participated in over 20 tabling events, conferences and networking opportunities across the Capital Region, helping to raise awareness and keep the community informed about LifePath's programs and services.