

LifePath Locations

Congregate Dining & Centers

Town of Berne Community & Senior Center
1360 Helderberg Trail • Berne, NY 12023

Cohoes Senior Center
10 Cayuga Plaza • Cohoes, NY 12047

Livingston School Apartments
315 Northern Blvd. • Albany, NY 12210

Ohav Sholom Apartments
115 Krumkill Road • Albany, NY 12208

South Mall Towers
101 South Pearl Street • Albany, NY 12207

St. Matthews Roman Catholic Church
25 Mountainview Street • Voorheesville, NY 12186

Watervliet Senior Center
1501 Broadway • Watervliet, NY 12189

Westview Homes
680 Central Ave. • Albany, NY 12206

Wyman Osterhout Community Center
7 The Old Road • Voorheesville, NY 12186

Meals on Wheels Kitchen

20 Warren St. • Albany, NY 12202

Social Adult Day Programs

Cohoes Companions
Cohoes Senior Center
10 Cayuga Plaza • Cohoes, NY 12047

Newgate
LifePath Administrative Office Building
28 Colvin Ave., Suite 1 • Albany, NY 12206

518-465-3322 • info@lifepathny.org
lifepathny.org • @lifepathny



Thank you to all of the major donors, funders, and grantors who supported the LifePath mission in 2022, making it possible for LifePath to provide programs and services to the older adults in our community!



The Arnold Cogswell Health Fund* • Michael & Margaret Picotte Donor Advised Fund* • The Judith Fund* • JM McDonald Foundation Inc. • Marvin & Sharon Freedman* • The Bender Family Foundation • Fenimore Asset Management • Bank of America • Frederick McDonald Trust • Thomas J. Gorman Fund* • Picotte Family Foundation • Altes Family Fund* • Rosealie & Roger Sokol Charitable Fund • Renaissance Charitable Foundation • John McDonald Foundation • Review Foundation* • St. Claire's Church • Edward & Nancy McEwan Advised Fund* • Charlie & Better Peer Advised Fund* • LES Charitable Fund

* Grant is part of the Community Foundation for the Greater Capital Region.



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2022 Annual Report



We are dedicated to keeping our older neighbors healthy and safe by providing effective programs and supports to help them stay connected to our communities.

-LifePath Mission

2022 Program Highlights

- Hosted the first online Campaign, providing roses to each Meals on Wheels recipient on Valentine's Day
- Began participating in Letters Against Isolation, receiving letters from all over the world to provide to participants, helping to prevent social isolation
- Assembled a group of individuals to walk in Watervliet City Parade, representing LifePath
- Opened two new Dining Centers in the New Scotland area, in conjunction with Albany County.
- Collaborated with the Pride Center of the Capital Region and Albany Guardian Society to create a LGBTQ+ training for Aging Professionals
- Hosted multiple bus trips to historical sites in Albany County, thanks to Albany County Office for Aging and County Legislature.
- Created and dispersed LifePath - branded Albany County Elder Abuse Resource Guides with grant funding
- Distributed Animatronic Pets to homebound older adults thanks to NYSOFA
- Hosted Falls Talk™ with support from Albany County.



2022 Program Outcomes

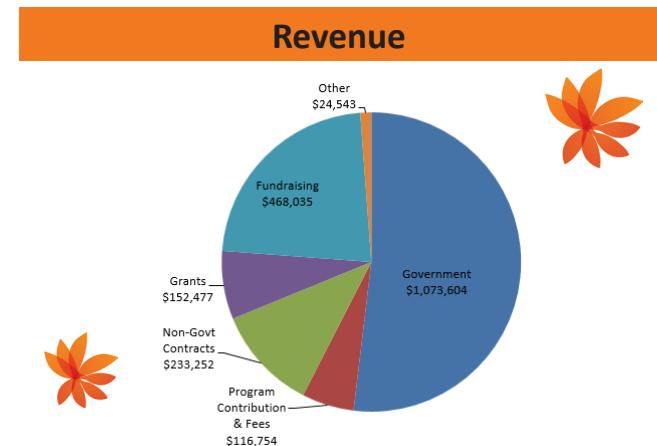
- 774 older adults enjoyed one or more of our 31,126 community meals
- 140,591 meals prepared and delivered
- 16 dedicated staff and 50+ volunteers helped prepare and deliver meals throughout the year
- Our skilled case managers provided more than 500 clients with nearly 5,000 hours of one-on-one case assistance
- More than 20 caregivers benefited from our telephone support groups, one-on-one counseling sessions, and educational programs
- 44 older adults received more than 31,308 hours of care while spending their days with friends in a safe environment at our Social Adult Day Programs



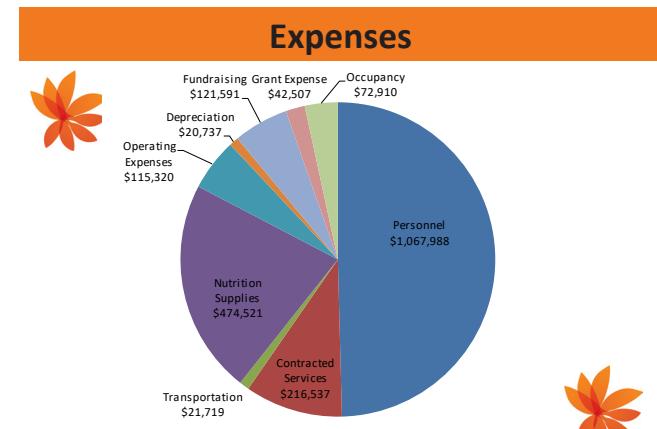
2022 Event Highlights

- **26th Annual Third Age Achievement Awards**
\$40,000
- **24th Annual Travers Soirée**
\$121,130
- **31st Annual Capital Region Senior Expo**
\$60,000

2022 Financial Statement



LifePath revenue comes from many different sources. Government funds from NYS Office for Aging, Albany County and multiple municipalities to be the largest sources of revenue.



LifePath strives to maintain the lowest possible overhead costs in order to ensure the majority of our expenses are used for programs and supports to help our older neighbors and friends stay healthy, safe and connected to our communities.

LifePath's Total 2022 Total Year-end Assets were \$903,629 and Liabilities \$288,073.

