

## Locations

### Community Dining

#### Berne

Hilltown Senior Center  
1360 Helderberg Trail  
Berne, NY 12023  
518-937-5963

#### Chapman

Frank Chapman Building  
340 First Street  
Albany, NY 12206  
518-689-1084

#### Ohav Shalom Apts.

115 Krumkill Road  
Albany, NY 12208  
518-489-5531

#### South Mall Towers

101 S. Pearl Street  
Albany, NY 12207  
518-463-0294

### Social Adult Day Programs

#### Cohoes Companions

Cohoes Senior Center  
10 Cayuga Plaza  
Cohoes, NY 12047  
518-235-2420 x 14

#### Newgate

Bethany Reformed Church  
760 New Scotland Road  
Albany, NY 12208  
518.449.8035

### Transportation

20 Rensselaer Street  
Albany, NY 12202  
518-434-4219

### Living Centers\*

\* also Community Dining locations

#### LifePath Living Center

@ 80 Central Avenue  
80 Central Avenue  
Albany, NY 12206  
518-512-2725 x 102

#### Life Path Living Center

@ Cohoes  
Cohoes Senior Center  
10 Cayuga Plaza  
Cohoes, NY 12047  
518.235.2420

#### LifePath Living Center

@ Livingston  
Livingston Apartments  
315 Northern Blvd.  
Albany, NY 12210  
518-505-5944

#### LifePath Living Center

@ Watervliet  
Watervliet Senior Center  
1501 Broadway  
Watervliet, NY 12189  
518-273-4422

#### LifePath Living Center

@ Westview  
Westview Homes  
680 Central Avenue  
Albany, NY 12205  
518-482-2120

### Meals on Wheels Kitchen

20 Warren Street  
Albany, NY 12202  
518-465-6465

Thank You to all of the major donors, funders, and grantors who supported the LifePath mission in 2020, making it possible to provide programs and services to the older adults in our community!!



Albany Financial Group • Catharine C. Kennedy Family Fund • Christopher & Shirley Greagan • COVID-19 Response Fund\* • Daniel Markatos • Daniel Smirlock • David & Candace Weir Foundation • Dunkin Brands Community Foundation • Eddy Alzheimer Service - St. Peter's Health Partners • Edward & Nancy McEwan Advised Fund\* • Healthy Alliance IPA, LLC • Hoffman Giving Fund • Home Instead Senior Care • John & Diane Tomassi • John D. Picotte Family Foundation\* • Lounsbury Family Foundation • Marvin & Sharon Freedman\* • Michelle Lee • North Indian Hindu Association of Albany • Prince of Peace Lutheran Church • Quinn Family Charitable Fund • Retail Business Services (Hannaford) • South Mall Towers Housing Co. Inc. • Spada Family Foundation • The Arnold Cogswell Health Fund\* • The Borton Family Charitable Fund • The Picotte Family Foundation • Thomas J. Gorman Fund\* • United Health Care • Walter S. Borisenok Family Foundation

\* Grant is part of the Community Foundation for the Greater Capital Region



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**LifePath**  
Supportive Services for Older Adults

# 2020 Annual Report

Keeping our older neighbors and friends healthy and safe by providing effective programs and supports to help them stay connected to our communities.

— LifePath Mission



## 2020 Program Highlights

Business did not happen as usual for LifePath due to the COVID-19 Pandemic. However, while some programs were temporarily closed and others went virtual, **LifePath never closed or suspended providing services.**



- Staff was redeployed, mobilized, and **opened three Senior Crisis Centers** (in the City of Albany, Cohoes, and Watervliet) where we made **daily outreach calls** to more than 350 seniors, many of whom are lonely and frail, checking on their safety, allaying their fears, and determining how we can best assist them during the crisis. LifePath was able to deliver water, toiletries, medication, and food.
- With the support of the Albany County Department for Aging, **we continued to provide home-delivered meals** to our current clients, and **expanded the number of meals to others** in need of food due to closure of the congregate meal sites, Living Centers, and Adult Day Programs. Meals served to older adults by LifePath nearly doubled.
- LifePath **converted programming** at the Centers and Day Programs from in-person **to virtual** with help from the COVID-19 Response Fund of The Community Foundation for the Greater Capital Region which provided a technology grant for supplies and CDPHP which graciously donated laptops to help older adults we serve access the virtual programs.
- A COVID-19 Emergency Appeal **raised over \$72,000 in just two weeks** as well as food, coolers, hot bags, and gifts cards were generous donated by the community.



## 2020 Program Outcomes

- 354,248 meals prepared, packaged, & delivered from our Meals on Wheels kitchen
- Over 11,000 reassurance calls conducted during the first 4 months of the pandemic
- 1,627 older adults received one-on-one Health Insurance Information Counseling
- Greater than 75 Zoom programs with an average attendance of 10 people hosted
- 185 clients were provided 1,628 hours of one-on-one case assistance from our Licensed Master Social Workers.
- Nearly 100 dedicated volunteers provided 8,400 hours by preparing and delivering meals throughout the year
- 20+ caregivers uplifted by our telephone support groups, one-on-one counseling sessions, and educational programs



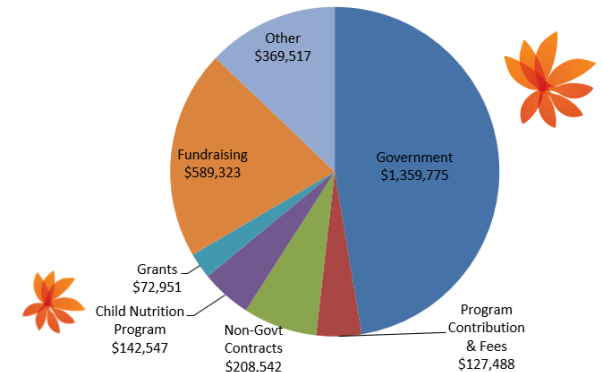
## 2020 Event Highlights

All of our fundraisers were held virtually raising the following revenue for the agency:

- 24th Annual Third Age Achievement Awards \$22,547
- 22nd Annual Travers Wine Tasting \$53,210
- 29th Annual Capital Region Senior Expo \$40,850

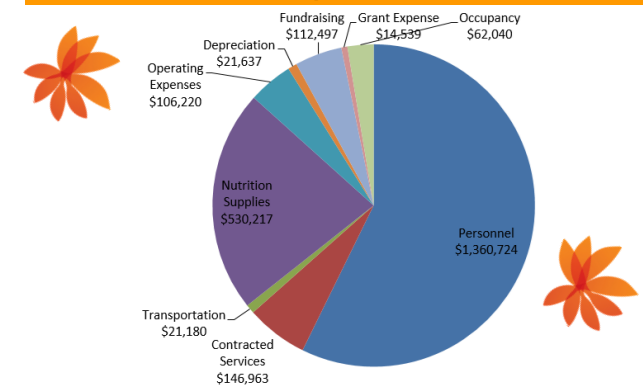
## 2020 Financial Statement

### Revenue



LifePath revenue comes from many different sources. Government funds from NYS Office for Aging, Albany County, the City of Albany, and the City of Watervliet continue to be the largest source of revenue.

### Expenses



LifePath strives to maintain the lowest possible overhead costs in order to ensure the majority of our expenses are utilized for programs and supports to help our older neighbors and friends stay healthy, safe, and connected to our communities.

LifePath's Total Assets were \$930,092 and Total Liabilities \$297,137.