

Name: _____

Phone Number: _____

__ Berne __ Cohoes __ Livingston __ Ohav __ SMT

__ St. Matthew's __ Watervliet __ Westview __ Wyman

DECEMBER 2022 CONGREGATE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Town of Berne Sr. Cntr. (L) Cohoes Sr. Cntr. (L) Watervliet Sr. Cntr. (L) Westview Homes Apts (L) Ohav Shalom Apts. (D)	Town of Berne Sr. Cntr. (L) Cohoes Sr. Cntr. (L) Watervliet Sr. Cntr. (L) Westview Homes Apts. (L) Livingston School Apts. (D) South Mall Towers (D)	Cohoes Sr. Cntr. (L) Watervliet Sr. Cntr. (L) Westview Homes Apts (L) Wyman Osterhout Com. Cntr. (L) Livingston School Apts. (D) Ohav Shalom Apts. (D) South Mall Towers (D)	Cohoes Sr. Cntr. (L) St. Matthew's - Voorheesville (L) Watervliet Sr. Cntr. (L) Westview Homes Apts (L) Livingston School Apts. (D)	Town of Berne Sr. Cntr. (L) Cohoes Sr. Cntr. (L) South Mall Towers (L) Watervliet Sr. Cntr. (L) Westview Homes Apts (L)
			1 A. ROAST BEEF WITH GRAVY B. BAKED FISH	2 A. LEMON OREGANO FISH B. BAKED CHICKEN C. SWISS CHEESE SANDWICH
5 A. CHICKEN CACCIATORE B. BAKED FISH	6 A. HAM & BEAN CASSEROLE B. BAKED FISH	7 A. ROAST PORK WITH GRAVY B. BAKED FISH C. SWISS CHEESE SANDWICH	8 A. SHEPHERD'S PIE B. BAKED FISH	9 A. SWISS CHEESEBURGER B. BAKED FISH C. BLT PASTA SALAD WITH CHICKEN
12 A. CHILI CON CARNE B. BAKED FISH	13 A. CHICKEN & RICE B. BAKED FISH	14 A. TUNA NOODLE CASSEROLE B. BAKED CHICKEN C. SWISS CHEESE SANDWICH	15 A. ROAST PORK WITH RASPBERRY GLAZE B. BAKED FISH	16 A. MEATLESS BAKED ZITI B. BAKED FISH C. CURRY CHICKEN SALAD SANDWICH
19 A. PENNE PASTA WITH MEAT SAUCE B. BAKED FISH	20 A. BBQ CHICKEN B. BAKED FISH	21 A. MEXICAN BEEF & RICE CASSEROLE B. BAKED FISH C. MEATLOAF SANDWICH	22 A. CHICKEN TETRAZZINI B. BAKED FISH	23 A. LEMON OREGANO FISH B. BAKED CHICKEN C. EGG SALAD SANDWICH
	27 A. POTATO CRUNCH FISH B. BAKED CHICKEN	28 A. BBQ PULLED PORK B. BAKED FISH	29 A. MEATLOAF WITH GRAVY B. BAKED FISH	30 A. CHEESE TORTELLINI B. BAKED FISH C. CHICKEN SALAD SANDWICH

TIMES: Doors open 30 minutes prior to meal

Cohoes & Watervliet:
Lunch (L) 12 pm - 1 pm

All other locations:
Lunch (L) 11:30 am-12:30 pm
Dinner (D) 4:30-5:30 pm

Once you are registered for a meal, you are welcome to attend a meal at any of the LifePath Community Dining locations. See reverse side for addresses.

This Congregate Dining Program is supported in part by the Albany County Department for Aging, the New York State Office for Aging and the Administration for Community Living. All Albany County congregare meal programs allow for a suggested contribution of \$3.00. Contributions are very much appreciated and go directly to support and expand the congregare meal program. Contributions are voluntary, confidential, and purely optional. All seniors are welcome and encouraged to attend our meal program. Please make a reservation to assure we have a meal available at the meal program you would like to attend. No one will be turned away due to an inability to make a contribution. **All meals are served with the appropriate starch, vegetable, dessert and milk.** Some items may be subject to last-minute substitution.



LIFEPATH COMMUNITY DINING LOCATIONS

PLEASE RESERVE YOUR MEAL BY CALLING OR EMAILING THE NUMBER/EMAIL LISTED FOR EACH SITE BY 1 PM THE DAY PRIOR TO THE MEAL YOU WOULD LIKE TO ATTEND

TOWN OF BERNE COMMUNITY & SENIOR SERVICES CENTER

1360 Helderberg Trail | Berne, NY 12023 | 518-937-5963

Lunch served Monday, Tuesday, & Friday from 11:30 am – 12:30 pm (doors open at 11:00 am)

COHOES SENIOR CENTER

10 Cayuga Plaza | Cohoes, NY 12047 | 518-235-2420 | cohoes@lifepathny.org

Lunch served Monday – Friday from 12:00 – 1:00 pm (doors open at 11:30 am)

LIVINGSTON SCHOOL APARTMENTS

315 Northern Blvd. | Albany, NY 12210 | 518-465-6465

Dinner Tuesday, Wednesday & Thursday at 4:30 – 5:30 pm (doors open at 4 pm)

OHAV SHOLOM APARTMENTS

115 Krumkill Road | Albany, NY 12208 | 518-465-6465

Dinner on Monday & Wednesday 4:30 pm – 5:30 pm (doors open at 4 pm)

SOUTH MALL TOWERS

101 South Pearl Street | Albany, NY 12207 | 518-465-6465

Dinner served Tuesday & Wednesday from 4:30 pm – 5:30 pm (doors open at 4 pm)

Lunch served Friday from 11:30 am – 12:30 pm (doors open at 11 am)

ST. MATTHEW'S CHURCH (VOORHEESVILLE)

25 Mountainview Street | Voorheesville, NY 12186 | 518-439-9038

Lunch served Thursday 11:30 am – 12:30 pm (doors open at 11 am)

WATERVLIET SENIOR CENTER

1501 Broadway | Watervliet, NY 12189 | 518-273-4422 | watervliet@lifepathny.org

Lunch served Monday – Friday from 12:00 – 1:00 pm (doors open at 11:30 am)

WESTVIEW HOMES

680 Central Ave. | Albany, NY 12206 | 518-482-2120 | westview@lifepathny.org

Lunch served Monday – Friday from 11:30 am – 12:30 pm (doors open at 11 am)

WYMAN OSTERHOUT COMMUNITY CENTER (NEW SALEM)

7 The Old Road | Voorheesville, NY 12186 | 518-439-9038

Lunch served Wednesday from 11:30 am – 12:30 pm (doors open at 11 am)