



Livingston School Apartments - August 2022

315 Northern Blvd. | Albany, NY 12210

Supportive Services for Older Adults Dinner Tuesday, Wednesday & Thursday from 4:30 pm - 5:30 pm (doors open at 4 pm)

Please reserve your meal by 1pm the business day prior to the meal by calling: 518-465-6465

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 A. SLOPPY JOE B. BAKED FISH	3 A. SWEET & SOUR HAM B. BAKED FISH C. EGG SALAD SANDWICH	4 A. PEPPER STEAK B. BAKED FISH	5
8	9 A. BEEF TIPS WITH GRAVY B. BAKED FISH	10 A. BBQ CHICKEN B. BAKED FISH C. SOUTHWESTERN CHICKEN & ORZO SALAD	11 A. ROAST PORK WITH RASPBERRY GLAZE B. BAKED FISH	12
15	16 A. BEEF & BROCCOLI B. BAKED FISH	17 A. CHEESE TORTELLINI B. BAKED FISH C. HAM SANDWICH	18 A. SWISS CHEESEBURGER B. BAKED FISH	19
22	23 A. MAC & CHEESE B. BAKED FISH	24 A. SOUTHWEST CHICKEN B. BAKED FISH C. TUNA SALAD SANDWICH	25 A. BBQ PULLED PORK B. BAKED FISH	26
29	30 A. BBQ BAKED CHICKEN B. BAKED FISH	31 A. CHICKEN CHILI B. BAKED FISH C. MEATLOAF SANDWICH	Name: _____ Phone Number: _____	

This Congregate Dining Program is supported in part by the Albany County Department for Aging, the New York State Office for Aging and the Administration for Community Living. All Albany County congregated meal programs allow for a suggested contribution of \$3.00. Contributions are very much appreciated and go directly to support and expand the congregated meal program. Contributions are voluntary, confidential, and purely optional. All seniors are welcome and encouraged to attend our meal program. Please make a reservation to assure we have a meal available at the meal program you would like to attend. No one will be turned away due to an inability to make a contribution. **All meals are served with the appropriate starch, vegetable, dessert and milk.** Some items may be subject to last-minute substitution.

