

Please reserve your meal by 1pm the business day prior to the meal by calling 518-439-9038

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Name: _____ Phone: _____		1	2 A. ROAST PORK WITH RASPBERRY GLAZE B. BAKED FISH	3
6	7	8	9 A. SWISS CHEESEBURGER B. BAKED FISH	10
13	14	15	16 A. BBQ PULLED PORK B. BAKED FISH	17
20	21	22	23 A. POTATO CRUNCH FISH B. BAKED CHICKEN	24
27	28	29	30 A. PEPPER STEAK B. BAKED FISH	

This Congregate Dining Program is supported in part by the Albany County Department for Aging, the New York State Office for Aging, the Administration for Community Living, and CDPHP. All Albany County congregated meal programs allow for a suggested contribution of \$3.00. Contributions are very much appreciated and go directly to support and expand the congregated meal program. Contributions are voluntary, confidential, and purely optional. All seniors are welcome and encouraged to attend our meal program. Please make a reservation to assure we have a meal available at the meal program you would like to attend. No one will be turned away due to an inability to make a contribution. **All meals are served with the appropriate starch, vegetable, dessert and milk.** Some items may be subject to last-minute substitution.