


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <p>May 2022 Home Delivered Meals Hot Menu</p> <p>Supportive Services for Older Adults a LifePath and Albany County Department for Aging Nutrition Program</p>						1 ITALIAN HERBED CHICKEN
2 MEATBALLS WITH MARINARA OVER PENNE PASTA	3 BBQ PULLED PORK	4 SPANISH RICE	5 CHICKEN MARSALA OVER PENNE	6 HAM & CHEESE EGG BAKE	7 MEATLOAF WITH GRAVY	8 POTATO CRUNCH FISH
9 CHICKEN CHOW MEIN	10 ROAST TURKEY WITH GRAVY	11 SWEET & SOUR PORK	12 SLOPPY JOE	13 TUNA NOODLE CASSEROLE	14 BEEF STROGANOFF OVER EGG NOODLES	15 CHICKEN & RICE
16 SEAFOOD MAC & CHEESE	17 SAUSAGE & PEPPERS OVER PENNE PASTA	18 CHICKEN TERIYAKI	19 SWEDISH MEATBALLS WITH GRAVY OVER EGG NOODLES	20 LASAGNA ROLL-UPS WITH MARINARA	21 ROSEMARY CHICKEN	22 HUNGARIAN GOULASH
23 LEMON GARLIC FISH	24 CHICKEN ALA ORANGE	25 MEATLOAF WITH TOMATO GRAVY	26 HOT TURKEY SANDWICH WITH GRAVY	27 MAC & CHEESE	28 BEEF TIPS WITH GRAVY OVER EGG NOODLES	29 HAM & BEAN CASSEROLE
30 CHICKEN BROCCOLI ALFREDO WITH PENNE	31 SWISS CHEESEBURGER	<p>All meals provide ½ pint 1% Milk and Butter Spread. Lower sodium, no added salt products used. Whole wheat and other whole grain products used. Most fruits in juice or unsweetened. Most items are subject to last minute substitutions.</p>				