

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
 <p>May 2022 Home Delivered Meals Cold Menu</p> <p>Supportive Services for Older Adults a LifePath and Albany County Department for Aging Nutrition Program</p>						1 ROAST BEEF SANDWICH
2 HAM & SWISS CHEESE SANDWICH	3 MEATLOAF SANDWICH	4 TUNA SALAD SANDWICH	5 SWISS CHEESE SANDWICH	6 EGG SALAD SANDWICH	7 COTTAGE CHEESE WITH PEACHES	8 TURKEY SANDWICH
9 SWISS CHEESE SANDWICH	10 ROAST BEEF SANDWICH	11 COTTAGE CHEESE WITH PINEAPPLE	12 SEAFOOD SALAD PLATE	13 EGG SALAD SANDWICH	14 CHICKEN SALAD SANDWICH	15 TURKEY SANDWICH
16 HAM & SWISS CHEESE SANDWICH	17 TUNA SALAD PLATE	18 COTTAGE CHEESE WITH PINEAPPLE	19 TURKEY SANDWICH	20 EGG SALAD SANDWICH	21 ROAST BEEF SANDWICH	22 PEANUT BUTTER ON BAGEL
23 SWISS CHEESE SANDWICH	24 ROAST BEEF SANDWICH	25 EGG SALAD SANDWICH	26 CHICKEN SALAD SANDWICH	27 PEANUT BUTTER SANDWICH	28 COTTAGE CHEESE WITH PINEAPPLE	29 TURKEY & SWISS CHEESE SANDWICH
30 MEATLOAF SANDWICH	31 TUNA SALAD SANDWICH	<p>All meals provide ½ pint 1% Milk and Butter Spread. Lower sodium, no added salt products used. Whole wheat and other whole grain products used. Most fruits in juice or unsweetened. Most items are subject to last minute substitutions.</p>				