


Westview Homes - December 2021 Menu

680 Central Ave. | Albany, NY 12206

Lunch served Monday - Friday from 11:30 am - 12:30 pm (doors open at 11:00 am)

Please reserve your meal by 1pm the business day prior to the meal by calling: 518-482-2120 or emailing: nmabee@lifepathny.org

Monday	Tuesday	Wednesday	Thursday	Friday
Name: _____ Phone Number: _____ Please clearly circle A - B - C indicating which meal you would like to order for each day.		1 A. MEXICAN BEEF & RICE CASSEROLE Mixed Vegetables <i>Applesauce</i> B. BAKED FISH C. MEATLOAF SANDWICH Pasta Salad	2 A. CHICKEN TETRAZZINI Beets Fruit B. BAKED FISH	3 A. BAKED FISH Mashed Potatoes Zucchini & Tomatoes <i>Pudding</i> B. BAKED CHICKEN C. SWISS CHEESE SANDWICH Pasta Salad
6 A. CURRY CHICKEN Rice Cauliflower Cookies B. BAKED FISH	7 A. BEEF TIPS OVER MASHED POTATOES Carrots Fruit B. BAKED FISH	8 A. SWEET & SOUR CHICKEN Rice Broccoli <i>Fruit</i> B. BAKED FISH C. TURKEY SANDWICH Coleslaw	9 A. MEATLOAF & GRAVY Mashed Sweet Potatoes Green Beans Applesauce B. BAKED FISH	10 A. POTATO CRUNCH FISH Roasted Potatoes Brussels Sprouts <i>Cake</i> B. BAKED CHICKEN C. CHICKEN SALAD SANDWICH Carrot & Raisin Salad
13 A. MAC & CHEESE Stewed Tomatoes Fruit Cookie B. BAKED FISH	14 A. CHICKEN TERIYAKI Rice Asian Vegetables Fruit Cake B. BAKED FISH	15 A. PORK ROAST & GRAVY Roasted Sweet Potatoes Peas & Carrots <i>Fruit</i> B. BAKED FISH C. COTTAGE CHEESE WITH PINEAPPLE Three Bean Salad	16 A. LASAGNA ROLL-UPS WITH MARINARA Mixed Vegetables Fruit B. BAKED FISH	17 A. ROAST BEEF WITH MASHED POTATOES & GRAVY Broccoli <i>Fruit</i> B. BAKED FISH C. TUNA SALAD PLATE Chickpea Salad
20 A. BAKED FISH Mashed Potatoes Peas & Carrots Cookie B. BAKED CHICKEN	21 A. SPINACH BEEF MACARONI BAKE Green Beans Fruit Cake B. BAKED FISH	22 A. HONEY MUSTARD CHICKEN Rice Zucchini & Tomatoes <i>Fruit</i> B. BAKED FISH C. EGG SALAD SANDWICH Carrot & Pineapple Salad	23 A. ROAST BEEF & MASHED POTATOES WITH GRAVY Broccoli Pudding B. BAKED FISH	 CENTER CLOSED
27 A. CHICKEN CACCIATORE Penne Pasta Mixed Vegetables Pudding B. BAKED FISH	28 A. HAM & BEAN CASSEROLE Green Beans Cake B. BAKED FISH	29 A. ROAST PORK & GRAVY Mashed Sweet Potatoes Mixed Vegetables <i>Fruit</i> B. BAKED FISH C. TURKEY & SWISS CHEESE SANDWICH Coleslaw	30 A. SHEPHERD'S PIE Green Beans Fruit B. BAKED FISH	 CENTER CLOSED

This Congregate Dining Program is supported in part by the Albany County Department for Aging, the New York State Office for Aging, the Administration for Community Living, and CDPHP. All Albany County congregate meal programs allow for a suggested contribution of \$3.00. Contributions are very much appreciated and go directly to support and expand the congregate meal program. Contributions are voluntary, confidential, and purely optional. All seniors are welcome and encouraged to attend our meal program. Please make a reservation to assure we have a meal available at the meal program you would like to attend. No one will be turned away due to an inability to make a contribution. All meals are served with milk. Some items may be subject to last-minute substitution.

