

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Chicken Parmesan Cauliflower Penne Pasta Wheat Bread Pound Cake	2 Pepper Steak w/ Onions Beets Egg Noodles Cornbread Mandarin Oranges	3 Roast Pork w/ Gravy Roasted Sweet Potatoes Peas & Carrots Wheat Bread Applesauce	4 Baked Chicken w/ Gravy Mashed Potatoes Brussels Sprouts Wheat Bread Peaches	5 Potato Crunch Fish Green Beans Orange Juice Yellow Rice Wheat Bread Sugar Cookie
6 Chicken a la King Carrots Applesauce Egg Noodles Wheat Bread Pound Cake	7 Ham with Pineapple Spinach Grape Juice Cornbread Tapioca Pudding	8 Turkey Bolognese Italian Blend Vegetables Peaches Wheat Bread Lorna Doone Cookies	9 Roasted Turkey w/ Gravy Mashed Potatoes Peas & Carrots Wheat Stuffing Mandarin Oranges	10 Beef & Vegetable Stir Fry Carrots Applesauce Rice Wheat Bread Applesauce Cake	11 Honey Mustard Chicken Roasted Sweet Potatoes Green Beans Wheat Bread Brownie	12 Tuna Noodle Casserole Sautéed Summer Squash Applesauce Wheat Bread Sugar Cookie
13 Chicken Cacciatore Broccoli Rice Wheat Bread Peaches	14 Roast Pork w/ Gravy Mashed Potatoes Green Beans Wheat Stuffing Applesauce	15 BBQ Chicken Roasted Sweet Potatoes California Blended Vegetables Wheat Bread Rice Pudding	16 Beef Tips w/ Gravy Parsley Carrots Apple Juice Egg Noodles Corn Bread Mandarin Oranges	17 Lemon Garlic Baked Fish Roasted Potatoes Sautéed Spinach Wheat Bread Brownie	18 Meatloaf w/ Gravy Garlic Mashed Potatoes Beets Wheat Bread Peaches	19 Greek Style Chicken Peas V-8 Juice Rice Wheat Bread Tropical Fruit Salad
20 American Goulash Italian Blend Vegetables Corn Bread Oreo Cookies	21 Baked Chicken w/ Mushroom Gravy Whipped Sweet Potatoes Green Beans Wheat Bread Applesauce	22 Turkey Tetrazzini Beets Fruit Punch Wheat Bread Applesauce Cake	23 Swiss Cheeseburger Roasted Potatoes Broccoli Pears	24 Potato Crunch Fish Peas Mashed Potatoes Wheat Bread Peaches	25 Pork Loin w/ Gravy Carrots Apple Juice Rice Wheat Bread Vanilla Pudding	26 Meatless Baked Ziti Italian Blend Vegetables Wheat Bread Fruit Cocktail
27 Chicken Jambalaya Mixed Vegetables Grape Juice Rice Wheat Bread Mixed Fruit	28 Mac & Cheese Zucchini & Tomatoes Apple Juice Wheat Bread Peaches	29 Citrus Marinated Chicken Mashed Potatoes Blended Vegetables Wheat Bread Vanilla Pudding	30 BBQ Pulled Pork Roasted Potatoes Coleslaw w/ Carrots Wheat Bun Applesauce Cake			