

Cohoes Senior Center Wednesday Special *Grab n Go* Lunch

Wednesday, April 7

A. Chef Salad with Turkey, Swiss Cheese & Hard Boiled Egg

Diced Peaches

Cookie

B. Baked Fish

Wednesday, April 14

A. Egg Salad on bed of Lettuce

Three Bean Salad

V-8 Juice

Cookie

B. Baked Fish

Wednesday, April 21

Today's Lunch is sponsored by:



A plan for life.

A. Hot Dog

Baked Beans

Macaroni Salad

Fruit Juice

Brownie

B. Baked Fish

Wednesday, April 28

A. Chicken Taco on Soft Shell w/ Salsa, Lettuce, Cheese, & Sour Cream

Rice & Beans

Fruit Cocktail

B. Baked Fish

Do you know about the LifePath virtual programs? Have you signed up for the LifePath newsletter? Visit our website at www.lifepathny.com or call 518-465-3322 for more information.