

Monday	Tuesday	Thursday	Friday
		1 A. Chicken Jambalaya Green Beans Wheat Bread Brownie B. Baked Fish	2 A. Meatless Baked Ziti w/ Tomato Sauce Italian Blend Vegetables Wheat Bread Chocolate Pudding B. Baked Fish
5 A. American Goulash w/ Tomato Sauce Italian Blend Vegetables Corn Bread Oreo Cookies B. Baked Fish	6 A. Baked Chicken w/ Mushroom Gravy Whipped Sweet Potatoes Green Beans Wheat Bread Applesauce B. Baked Fish	8 A. Cheeseburger w/ Swiss On Wheat Bun Seasoned Roasted Potatoes Broccoli Pears B. Baked Fish	9 A. Potato Crunch Fish Peas Mashed Potatoes Wheat Bread Peaches B. Baked Chicken
12 A. Chicken Jambalaya Mixed Vegetables Grape Juice Rice Wheat Bread Mixed Fruit B. Baked Fish	13 A. Mac & Cheese Seasoned Zucchini & Tomatoes Apple Juice Wheat Bread Peaches B. Baked Fish	15 A. BBQ Pulled Pork On Wheat Bun Seasoned Oven Roasted Potatoes Coleslaw w/ Carrots Applesauce Cake B. Baked Fish	16 A. Meatloaf w/ Mushroom Gravy Whipped Sweet Potatoes Broccoli Wheat Bread Applesauce B. Baked Fish
19 A. Chicken Paella Peas & Carrots Apple Juice Rice Corn Bread Peaches B. Baked Fish	20 A. 2- Lasagna Roll Ups w/ Marinara Sauce Zucchini Wheat Bread Pound Cake B. Baked Fish	22 A. Peach Glazed Chicken Mashed Sweet Potatoes Cauliflower Wheat Bread Brownie B. Baked Fish	23 A. Spanish Rice w/ Ground Beef & Beans Green Beans Corn Bread Tapioca Pudding B. Baked Fish
26 A. Baked Fish Mashed Potatoes Broccoli Wheat Bread Chocolate Pudding B. Baked Chicken	27 A. Sloppy Joe On Wheat Bun Seasoned Oven Roasted Red Potatoes Sautéed Summer Squash Rice Pudding B. Baked Fish	29 A. Pepper Steak w/ Onions Beets Egg Noodles Corn Bread Mandarin Oranges B. Baked Fish	30 A. Roasted Pork Loin w/ Gravy Seasoned Oven Roasted Sweet Potatoes Peas & Carrots Wheat Bread Applesauce B. Baked Fish