

# **Senior Services of Albany**



## **Annual Report 2017**

*Helping Seniors Stay Independent Since 1952*

## *A Word from the President of the Board*



The days of 2017 at Senior Services of Albany were days of adventure not to be missed, filled with growth and opportunities. So many of the seeds planted by SSA in 2015 and 2016 started to sprout in 2017. As our older neighbors celebrate yet another birthday, we, too, close one more year. While 2017 was not without its struggles, it was another banner year for our fundraising events, and nearly all our programs showed increases in participation.

The reputation of SSA as a leader in the Capital area for providing the most critical services to older adults has grown, and SSA continues to earn the well-deserved respect of the community. Executive Director Monika Boeckmann, her senior staff, program staff, drivers and the amazing volunteers who show up every day, work tirelessly to make sure that our older neighbors receive the services they need. Monika and her team set a gold standard, and they have the complete support and backing of a vibrant, intelligent and committed Board of Directors.

Although my tenure as President of the Board ended in December 2017, I look forward to taking the next steps with SSA in 2018 to ensure that we stay true to our mission and continue to adapt to these ever-changing times, so that our seniors are able to age with the choice, independence and dignity they deserve.

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## *Executive Director's Message*



The days are long, but the months fly by in a blink of an eye. Another year has passed, and after two more full moons I will have had the privilege of being at the helm of this amazing organization for 5 years. Five years where we collectively have kept older adults safe and engaged at our Adult Day Programs. Five years where we provided thousands of our older neighbors with a nutritious meal and a friendly smile. Five years where we have worked with many of you to assure that the generations upon whose shoulders we stand are able to live out their years with dignity and independence.

Within these pages you will find snapshots of some of our successes in 2017, and a brief foreshadowing of all that is yet to come. Our generous Board of Directors, our dedicated staff, and our loyal supporters all have a hand in keeping this agency strong so that we can be there for our parents, our neighbors and ourselves. Thank you for caring about SSA and those we serve.

### **Senior Staff**

Monika Boeckmann  
Executive Director

Barbara McConkey  
Director of Operations

Elizabeth Hutson  
Director of Development

Gretchen Moore Simmons  
Director of Programs  
and Community Outreach

Beth Owen  
Director of Adult Day  
Programs

Frank Van Skiver  
Director of Community Dining

### **Thank You to Our 2017 Corporate & Community Partners**



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SERVICE TO SENIORS IN THE CAPITAL DISTRICT



## *Living the Mission*



For the past 65 years, Senior Services of Albany (SSA) has been providing an array of essential, cost-effective services to older adults throughout the Capital Region, helping our friends and neighbors remain independent for as long as possible and assisting with the transitions related to aging with dignity and grace.

Through the decades, SSA has been committed to helping a racially, economically, and culturally diverse population of older adults and their caregivers through innovative programs and in partnership with an extensive network of local agencies.

Each year we keep expanding, enhancing and improving our traditional programs such as Meals on Wheels, Social Adult Day Programs, Health & Wellness activities, Transportation, Health Insurance Counseling, and Case Management; as well as adding new offerings as we formalize new partnerships.

**SSA's Case Manager Helps Senior in Need:** The world is a complicated place and, as we age, it becomes more and more difficult to navigate the many systems that we encounter in our day-to-day lives. Every now and then we need a little bit of help to make sense of it all.



For more than 30 years, SSA has been providing case and care management to older adults. Recently, an older gentleman was referred to one of our Case Managers after he came to one of the community dining sites for lunch. The site manager learned that Mr. M. was homeless. He lost his job some time ago and was unable to continue to pay his rent. Working was very challenging for him and he had little hope of getting another job. Our SSA Case Manager found Mr. M. a safe place to sleep (at a local shelter) until she was able to help him secure more permanent housing. She helped him complete an application with the Albany Housing Authority and advocated for him. Albany Housing Authority was able to advance Mr. M. on the waiting list due to his situation and has notified him that he will be getting an apartment within the coming weeks. SSA also worked with local agencies to secure furniture and accessories to furnish his new apartment. Mr. M. is extremely grateful and continues to come to the community dining site every day for lunch.



**Maria College Students Energize the Newgate Social Adult Day Program:** There is nothing that brings a bigger smile to the faces of our guests at Newgate than a visit from young people. Throughout 2017, Maria College Occupational Therapy Students came to the Newgate Social Adult Day Program in groups of 6 or more to bring some fresh enthusiasm and new, engaging programs to our guests. From lively ball games to painting and crafts projects, each activity was designed to enhance both fine and gross motor skills. The guests really enjoyed the creativity and youthful spirit of the students and the students appreciated the stories and wisdom shared by the guests. It was a match made in heaven.



**SSA's Health Insurance Counselor Saves the Day:** Each year all of us go through the challenging process of choosing the health insurance plan that is best for us. The process is complicated and stressful. Last June, Mr. B. met with SSA's Health Insurance (HIICAP) Counselor because he was very worried that his wife was about to lose her Medicaid and the health plan she had with it, due to a change in income eligibility. Mr. B.'s wife has advanced Alzheimer's Disease

and goes to an adult day program 4 times a week. They also require a home health aide to help manage his wife's personal care needs. Due to her illness, any disruption to his wife's daily routine causes chaos and she becomes frightened and anxious. In order to remain eligible for Medicaid, they would have to pay a spend-down of \$931 each month; an amount which this family cannot afford, given all their other expenses.

Our HIICAP Counselor connected Mr. B. to NYSARC Trust Services, an agency which helps older adults preserve their income for living expenses and supplemental needs by establishing a trust. Instead of paying the \$931 spend-down, Mr. B. will now be able to put that money into the trust and his bills, including rent and utilities, are then paid from the trust. This arrangement allows Mr. B. to stay in his home and continue to be able to access the support he needs to keep his wife from having to go into a nursing home.

### **SSA Provides Elder Abuse Training for Law Enforcement and Aging Service Providers:**

Having secured a federal grant from the Office on Violence Against Women, SSA has been able to provide multiple high-level training sessions for professionals working with older adults, as well as local police departments. In 2017, SSA and the Albany Training Team conducted eight Elder Abuse Trainings to 172 law enforcement officers, including officers from local municipalities, as well as the New York State Police!



The Training Team also conducted two Victim and Aging Service Provider Trainings, educating 75 professional service providers from across Albany County. We have learned that, thanks to these efforts, the number of calls regarding elder abuse made to NY Connects and Adult Protective Services has increased by 46%.





**County Executive Daniel P. McCoy Withstands the “Heat of the Kitchen” for Meals on Wheels:** Albany County Executive Dan McCoy is very committed to the older adults living in Albany County. After numerous news outlets reported that funding for the Meals on Wheels Program would be cut at the Federal level, he held a news conference at SSA’s Meals on Wheels Kitchen to assure local seniors that their much-loved driver would continue to deliver their daily meal. While at the Kitchen, the County Executive rolled up his sleeves and helped prepare the meal for the day (even managing to get some spaghetti sauce on his tie!).

**Cohoes Adult Day Program Helps Hurricane Victims:**

All too often older adults are seen as a drain on resources with nothing to offer. We who work in the aging field know better. The Cohoes Social Adult Day Program is a great example of older adults giving back. This past summer, Day Program guests collected donations for hurricane relief, and with the help of Vineyard Church, they made sure eight boxes full of much-needed donations were sent to Puerto Rico to help those affected by Hurricane Maria!



**Mohawk Honda Comes to the Rescue Again:** Meals on Wheels is unable to provide its services without reliable vehicles. For the last four years, Mohawk Honda has been helping Senior Services of Albany with its numerous vehicle needs. In early 2017, Mohawk Honda once again donated 2 cars to the SSA Meals on Wheels and Transportation program. This makes a total of 9 vehicles donated by Mohawk Honda since 2014! Without such amazing support we would not be able to do all that we do. Please support this wonderful dealership.

**SSA Expands Community Dining Program:**

More and more, research has shown that loneliness is deadly. Isolation has a wide range of negative effects on both physical and mental health, contributing to a variety of health issues including depression, cardiovascular disease, decreased memory and cognition, alcoholism, drug abuse, and altered brain function. A great way to reduce loneliness is to have a meal at your local senior center or community dining site. SSA operates six such sites in Albany County. The newest site, which launched in October 2017 at the Chapman Center, is the result of a wonderful partnership between SSA and Statewide Senior Action Council. SSA has been working hard to enhance the dining experience at all of our community dining sites and we are proud to share that we have seen an 18% increase in the number of diners.



## *Meals on Wheels Making a Difference*

**Meals on Wheels Driver Saves Life with Help of Senior's Dog:** It has been said before, and we will say it again, Meals on Wheels is SO much more than just a meal. Our trained drivers see their clients every day and they get to know them well. They are observant and let us know if something is wrong.



Every year the Meals on Wheels program saves the lives of at least 3 local seniors. In November of 2017, Paul (one of our Meals on Wheels drivers) noticed that his client, a frail, homebound City of Albany resident, was not sitting in her chair by the front door waiting for him.

Paul was concerned, so he opened her door and called out her name, but instead of the client, her dog came over to him. As was their routine, Paul petted the dog for a moment, but the dog seemed nervous and darted into another room after only a moment. Paul found this quite unusual, as the dog would usually stay at his side throughout his visit, so Paul followed the dog, which led him to his client, lying on the floor of her home, gasping for breath. Paul called 911 and stayed with her until the ambulance arrived.



**SSA Staff Helps Albany resident who had been going Hungry:** Nancy, a local senior, has been receiving Meals on Wheels since being hospitalized after a bad fall in early June. As she had no other food, she was dividing up the one meal she was receiving each day into two parts, to serve as both lunch and dinner. Fortunately for Nancy, a Senior Services of Albany staff member realized she required a second meal every day to meet her basic needs, and was able to arrange for Nancy to receive two meals a day. Nancy is thankful that Meals on Wheels is able to help her stay in her home, and for making sure she is fed well and is safe and secure for the day.





## *Partnerships That Serve Our Community*



**SSA and Albany Guardian Society Expand Partnership on Villages and Shared Housing:** The “Village Movement” is proving to be a very effective way of helping neighbors help neighbors so older adults can age in place and remain in the communities they helped build. Senior Services of Albany, in partnership with the Albany Guardian Society, started the first “Village” in Albany in 2016. Our agencies are once again partnering to expand our involvement with “Villages” to help bring additional neighborhoods together to create safety nets and volunteer opportunities for older adults.

To that end, we will be hosting an AmeriCorps fellow from Siena College who will explore various models for engaging neighborhood residents in an effort to help older neighbors remain in their community. By offering volunteer opportunities, social activities which foster caring and connectivity, and providing a variety of supportive services, the “Village Movement” can help older adults stay in their homes, as well as positively impacting the quality of life for all.

### **SSA Expands “Aging Mastery Program” through Partnerships with NY State Office for the Aging and the B’Nai B’Rith Gideon Foundation:**

The “Aging Mastery Program” (AMP) is a ten-session educational series which has been proven to help people “age well.” This program provides older adults with scientifically supported information on a number of aging topics including nutrition, financial fitness, healthy relationships, sleep, and more. To date, SSA has provided these highly interactive and engaging workshops to almost 200 attendees and the program has been very well received. Program materials generally cost about \$80 per person, but thanks to support from the NY State Office for the Aging and the B’Nai B’Rith Charitable Foundation, older adults at Ohav Shalom Apartments, Westview Apartments, and the Watervliet Senior Center are able to participate at no cost.



**SSA Partners with Watervliet Senior Center:** SSA has entered into a partnership with the City of Watervliet, the Watervliet Civic Center and Senior Services of Watervliet to bring enhanced programming and expanded services to the Watervliet Senior Center.

Kathy Burbank is the new manager of the Watervliet Senior Center and is working with the dedicated

Board of Directors to make sure everyone who comes to the Senior Center has a great experience. There is an array of programs and activities, a delicious lunch Monday through Friday, and every month they host a special dinner. Stop in and say hi to Kathy and the gang.



## *Partnerships That Serve Our Community*



**SSA Continues to Help the Capital Area Council of Churches Feed Hungry Children:** For the third year in a row, the Capital Area Council of Churches expanded its Mobile Lunch Program to serve a record number of lunches to children throughout the City of Albany during the summer school break. The Capital Area Council of Churches, along with volunteers from the interfaith community and the Meals on Wheels Program, work together to combat childhood hunger. This program delivered over 3,000 meals this past summer! The demand is huge, much larger than expected, and Capital Area Council of Churches Executive Director, Deb Riitano, hopes to find more funding for next year in order to deliver lunches every day for the entirety of the summer season. Riitano says "this program is essential to meeting the nutritional needs of children in the City of Albany during the summer months."

**SSA Forms New Partnership with Regeneron and iTNAmerica:** In 2017, Regeneron and iTNAmerica recognized that it can often be very difficult for adults in later life to get to their eye doctor appointments and have their prescriptions filled. So in 2017, they awarded SSA a grant to provide transportation to eye doctor and medical eye care appointments to Capital Region seniors. The grant was able to fund nearly 100 rides!



**SSA is Working With Our Health Care System to Help Achieve the Triple Aim:** In 2007, the Institute for Healthcare Improvement launched the "triple aim initiative," designed to help healthcare agencies improve the overall health of their patients by increasing quality of care, increasing access to care, and reducing cost of care. Over the years, we have all come to realize that the healthcare system must work with community-based organizations such as SSA to achieve these three goals. Studies have shown that the social contact and well-balanced meals delivered by Meals on Wheels significantly reduces hospitalizations and avoidable readmissions for seniors.

Three of SSA's key programs: Meals on Wheels, evidence-based "Falls Prevention Program," and the "Providing Assistance and Support to Seniors in Transition" (PASST) Program, go a long way to helping people stay out of the hospital, as well as keeping them from going back to the hospital once they have been released.

Working together with the healthcare system is not only in the best interest of older adults, but is also an economic win for all.

## *Coming Together for a Cause*

**2017 was a record year for SSA's three special events: Third Age Achievement Awards, Travers Wine Tasting, and the Capital Region Senior Expo.**



There are so many people doing astonishing things well into their 60s, 70s, 80s and beyond, and in 2017, we were thrilled to be able to recognize ten such amazing people at the 21st Annual ***Third Age Achievement Awards***, presented by CDPHP. Those honored at the event: Vincent Colonno, Health & Human Services; Reverend Kenneth Doyle, Health & Human Services; Benna Eldridge, Health & Human Services; Virginia Golden, Health & Human Services; Michael Hoffman, Business; Barbara McDonald, Community Development; Michael Whiteman, Esq., Law; LeGrande Serras,

Business; Thomas Tyrrell, Business; and Senator Jim Tedisco, Government. With more than 250 people in attendance and more than \$34,000 raised, 2017 was a record year for this event!

On Travers Eve, Friday, August 24th, 2017, at the Saratoga Springs City Center, Senior Services of Albany hosted its ***19th Annual Travers Wine Tasting!*** It was a record breaking night, with more than 550 tickets sold and more than \$163,000 raised to benefit Senior Services of Albany and its numerous programs and services, including one of the largest Meals on Wheels programs in upstate New York. SSA extends a huge thank you to the Event Committee, as well as Event Chairpersons, Walter & Michelle Borisenok, Steve Kahn, and Colin DeMers!



Senior Services of Albany hosted its 26th Annual ***Capital Region Senior Expo*** at Crossgates Mall on Friday, October 20th, 2017. More than 2,500 people visited the show throughout the day, enjoying all that the Expo had to offer: over 65 vendors; iPad Training workshops; a food tasting, entertainment, and lots of free giveaways and raffle prizes. This event raised more than \$67,000 to be used to continue SSA's essential programs and services.



SSA would like to thank Crossgates Mall for its hospitality, as well as all of the event sponsors for making the Expo possible. Thank you CDPHP, Albany Guardian Society, Price Chopper, Aetna, United Healthcare, CapitalCare Medical Group, and Senior Spotlight!

## *A Look Ahead*



**SSA will be Rebranding:** Over the past 65 years, Senior Services of Albany has reinvented itself a number of times to make sure we stay relevant and provide meaningful programs to those we serve. Over the last few years we have once again reviewed our services, contemplated how we can do the most good

in our changing environment, and reevaluated how we think and talk about aging. All that soul-searching led us to the realization that it is time to shed our outdated name, in much the same way as society is starting to shed some outdated notions about what getting old looks like.

We reaffirm that we are committed to working with others to help build age-friendly communities. We support the creation of neighborhood villages. We embrace evidence-based programs that show us how to age well and offer strategies to manage the many transitions of aging with grace and dignity. We remain dedicated to helping all seniors stay as independent as possible for as long as possible. We understand that aging changes us, but it does not make us less. We believe we all deserve opportunities to grow, opportunities to give help and get help, opportunities to make a difference, and *LifePath* will be here, helping to achieve those goals.



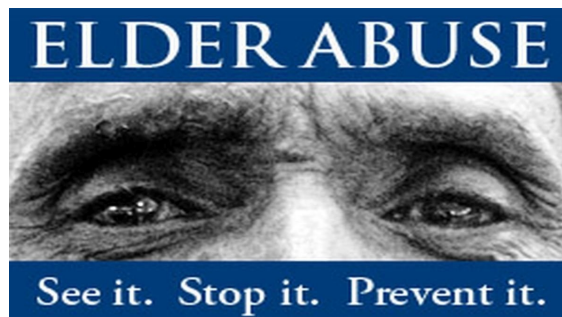
**A Call A Day Keeps the Doctor Away:** Thanks to a generous donor, SSA has been able to launch a Telephone Reassurance Program. We would like to recruit 20 to 30 mature adults who can spare about 15 minutes a few times a week to call an older neighbor, just to chat and make sure that s/he is OK.

Mother Teresa said, "The most terrible poverty is loneliness and feeling unloved." If a few people can spare just a little of their time, we can help combat the poverty of loneliness for some local seniors.

**Elder Abuse Initiative continues:** In early February 2018, SSA will be conducting an Advanced Law Enforcement seminar entitled "Investigating and Prosecuting Elder Financial Abuse," designed to provide Investigators, Detectives, and Prosecutors with a variety of tools and strategies to aid in investigating financial exploitation crimes of vulnerable adults.

A third and final Elder Abuse Training for Victim and Aging Service Providers will be conducted in March 2018. The purpose of this one-day training is to enhance older victim's safety and quality of life by strengthening collaboration among service providers and is specifically created for Victim Service Providers, Aging Service Professionals, and anyone providing services to seniors in and around Albany County.

SSA now has an Elder Navigator on staff who is available by phone (518-275-2402) or email ([dbarrett@seniorservicesofalbany.com](mailto:dbarrett@seniorservicesofalbany.com)), M-F 8:30am - 4:30pm, to provide information, resources, and guidance to adults in later life who feel that they, or someone they know, might be a victim of some type of abuse (whether it be physical, emotional and/or financial).





## 2017 Program Outcomes



- 851 older adults enjoyed one or more of the 24,184 community meals with his or her neighbors, and 458 individuals participated in at least one recreational, educational or cultural activity at our various community dining sites across Albany County, including sewing classes, Paint and Sip, Aging Well Programs and more.
- 1,120 older adults received one-on-one Health Insurance Counseling (through HIICAP) and 5,418 benefited from one of our healthcare education programs.
- Our skilled case managers provided 283 clients with 1,024 hours of one-on-one case assistance; helping them complete forms to access needed services; advocating with and for them with utility companies, insurance carriers and landlords; and securing needed items like bedding, air conditioners, and food.

- 264,383 meals prepared and delivered from our Meals on Wheels kitchen!
- 15 dedicated staff and 250 volunteers helped prepare and deliver meals throughout the year.
- More than 600 bags of dog and cat food delivered to our neighbors through our pet food assistance program!
- Our professional staff presented at numerous conferences and seminars, and conducted 33 educational programs, both online and in person, which were attended by 538 individuals.



- Our professional drivers provided 9,353 rides in 2017; taking people to medical appointments, grocery shopping, community meal sites, social adult day programs, and an assortment of personal and recreational locations.
- More than 110 caregivers benefited from our telephone support groups, one-on-one counseling sessions, and educational programs.
- 61 seniors received more than 26,000 hours of care while spending their days with friends in a safe environment at our Social Adult Day Programs.

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Philip DiNovo  
Erica Dodd  
Cherie Donato  
Keith Dunkley  
Frank K. Dyer  
Joan Edwards  
Jad El'Escencio  
Heather Gene Evans  
Rocco A. Ferraro  
James & Helen Figge  
Katharine Ann Fiset  
Lee Flanders  
Sarah W. Fox  
Paul Fruscione  
Sol Goldstein  
Susan L. Griffiths  
Tina Marie Hale  
Ken Harris  
Brenda Hastings  
John Heckman  
William & Carla Hogan  
Rachel Holt  
Marcia Hotailing  
Kitt Jackson  
Annie R. Jones  
Kathleen Kearney  
Fran & Larry Keeley  
Carol A. Kennedy  
Lenora O. Kirby  
Lisa Kissinger  
Linda & Allen Koblenzer  
Andrew & Virginia Koski  
Mark Lasek  
Dr. & Mrs. Neil Lempert  
Helen & Ken Lesartre  
Deborah Liebman  
Hermine Mariaux  
Susan & Mike Marshall  
Bruce & Joan Martelle  
Kelly Mateja  
Thomas & Carol McClenahan  
Vicki & Don McGoldrick  
Kathleen McGrath  
Joseph D. McLoughlin  
William P. & Gail A. Meehan  
Benjamin & Ruth Mendel, Jr.  
Ronald & Nan Miller  
Brian Miranda  
Richard & Mary Moneymaker  
David & Suzanne Moore  
Vanessa Murphy  
William J. Nathan  
Harris & Sandra Oberlander  
Anna Olmsted  
Mary A. Paci  
Jessica Paige  
Mark Peat  
Charles & Peggy Pemburn  
Thomas Pfeiffer  
William B. Picotte  
Bernard Price  
Linda J. Quinn  
Herbert & Hildy Reich  
Madlyn Reid

Leonard R. Ricchiuti  
Steven Rich  
Dr. J. Michael Ritty  
Peter & Donna Sarinelli  
Bob & Joan Schramm  
Jeffrey Schwartz  
Laird & Risa Scranton  
Mark Shalonis  
Toros Shamlan, Jr.  
Henry & Maxine Shuford  
Stuart Ira Silbergleit  
Sandra Smith Gonzales  
Sean A. Smith  
Patricia Snyder  
Katina Sofologis  
William & Stacie Sorel  
Joel M. Spiro  
Tracy A. Springer  
Jim & Nanci St. John  
Sal Rosario &  
Mary Kay Testa  
Lonnie S. Tomlin  
John F. & Donna Turley  
Barbara Underwood  
Robert &  
Barbara Van Amburgh  
Margaret A. Wallingford  
Lora O. Wesner  
Dr. Michael Whalen  
Carla & Kevin Williams  
Thomas E. &  
Mary C. Wohlscheid  
Janice Woodard  
John Zekoll

# Corporate & Community Supporters

## \$20,000-\$99,000

CDPHP  
Media Logic  
Walter S. Borisenok Family Foundation

## \$5,000-\$19,999

Albany Guardian Society  
DeCrescente Distributing  
Fidelis Care  
Interim Healthcare  
The Law Firm of Alex Dell  
Mohawk Honda  
Picotte Family Foundation  
Poore Foundation  
Spotlight Newspaper

## \$2,500-\$4,999

Aetna  
Audi Albany  
California Closets  
CAP COM Cares Foundation  
CapitalCare Medical Group  
Colonie Senior Service Centers, Inc.  
Crossgates Mall  
KeyBank Foundation  
Mazzone Hospitality  
Miranda Real Estate Group  
Price Chopper/ Market 32  
Rain or Shine Tent Company  
Red Pine Ridge, Inc.  
Saratoga.com  
Secretariat.com  
Smithfield Foods  
St. Peter's Health Partners  
Turf Hotels  
United Healthcare

## \$1,000-\$2,499

Abbott Transportation  
Albany College of Pharmacy  
and Health Sciences  
Albany Medical Center  
Alexander W. Cruden & Co., CPA's  
Ancient Temple Lodge No. 14, F & A M  
The Anderson Group  
Brookdale Colonie  
Cannon Heyman & Weiss, LLP  
Catholic Charities Diocese of Albany  
The Church of Saint Clare  
Consumer Directed Choices  
CVS Caremark  
David & Candace Weir Foundation  
e-Nable Business Solutions  
Fenimore Asset Management  
The Furniture House  
Galesi Group  
Hannaford Brothers Company  
Hoff Jewelers  
IntegraOptics  
Lavelle & Finn, LLP  
M&T Charitable Foundation  
Mirror Lake Inn  
MVP Health Care  
New York Long Term Care Brokers  
NYSARC Trust Services

Pearl Carroll & Associates  
Phillips Lytle LLP  
Pink Paddock  
Premiere Transportation  
RBC Wealth Management  
Rose & Kiernan, Inc.  
Saratoga Courage  
Saratoga Jockey Painter  
SEFCU  
SoTru/RFI Ingredients  
Stewarts Shops  
The United Group of Companies  
U.S. Trust - Bank of America Private  
Wealth Management  
Visiting Nurse Service of New York

## \$500-\$999

A New England Nanny  
Accent Health Care Services, Inc.  
Action Transportation, Inc.  
Albany Academies  
American Home & Bath  
Andritz Inc.  
American Heart Association  
Attentive Care/Home Companions  
Baptist Health Nursing  
& Rehabilitation Center  
Bath Fitter  
Blue Shield of NENY  
Bouche Financial Group  
Burke & Casserly, P.C.  
Capital Bank  
Capital OTB  
CapTel Outreach  
ClearCaptions  
The College of St. Rose  
Belmont Management Co., Inc.  
Community Works of NYS  
Daughters of Sarah  
Devoted Home Care  
Elderwood of Uihlein  
Empire Blue Cross Blue Shield  
Encounter Boutique  
EPIC - NYS Senior Prescription Plan  
Herzog Law Firm  
GE Foundation  
The Grand Healthcare System  
Habana Premium Cigar Shoppe  
Hart Alarm Systems Inc.  
Helping Hands@Home  
Humana Marketpoint  
Kingsway Community  
LeafFilter Gutter Protection  
Livingston Hills Nursing & Rehabilitation  
Loudonville Assisted Living Residence  
Marvin & Company  
The Mortgage Place, Inc.  
Nicholas J. Marino & Co., Inc.  
Northeastern Association of the Blind  
at Albany  
NYS Partnership for Long-Term Care  
Omni Development Company, Inc.  
Ortho NY  
Peregrine Senior Living  
Phillips Home Solutions LLC  
Pioneer Bank/Anchor Agency Inc.  
Prime Companies  
Raymour & Flanigan

Renaissance Corporation of Albany  
Rudy A. Ciccotti Family Recreation Center  
Solar Park Energy  
South Mall Towers  
St. Peter's Hospital Foundation  
Summit Senior Living  
Trinity Alliance  
VNA Home Health  
VNA Homecare Options, LLC  
The Winfield Group

## \$1-\$499

Albany Podiatry  
Capital District Senior Issues Forum  
Coldwell Banker Prime Properties  
Crisafulli Brothers Plumbing  
& Heating Contractors, Inc.  
CSEA  
DSM Nutritional Products  
First Lutheran Church  
G.A. Bove & Sons, Inc.  
Hudson Valley BPW  
Iron Workers Local 12  
KPMG  
Marshall & Sterling Upstate, Inc.  
Marvin and Sharon Freedman Fund  
Melwood Horticulture Training Center, Inc.  
Reddy Brothers Insurance  
Robert E. Michalski &  
Patricia A. Michalski Trust  
Roman Catholic Diocese of Albany  
Town of Guilderland  
T. Rowe Price Program for Charitable Giving  
Tabner, Ryan & Keniry, LLP  
Teal, Becker & Chiaramonte, CPA's  
The Eliot at Catskill  
Trustco Bank  
Upstate Services Group

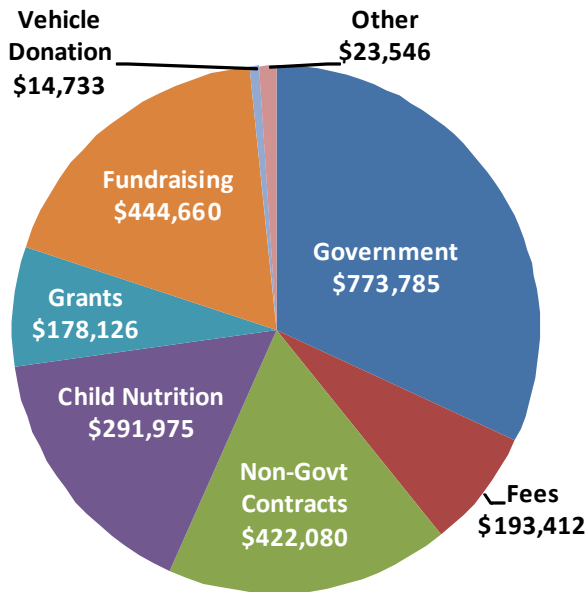
## Grantors:

Office on Violence Against Women	\$86,142
Alliance for Better Healthcare	\$27,913
B'nai B'rith Gideon Foundation	\$12,000
Frederick McDonald Trust	\$11,000
Bender Family Foundation	\$10,000
J.M. McDonald Foundation, Inc.	\$10,000
TD Bank Charitable Foundation	\$10,000
United Way of the Greater Capital Region	\$5,000
The Community Foundation of the Greater Capital Region Community Impact Grant	\$2,500



# Financial Statement 2017

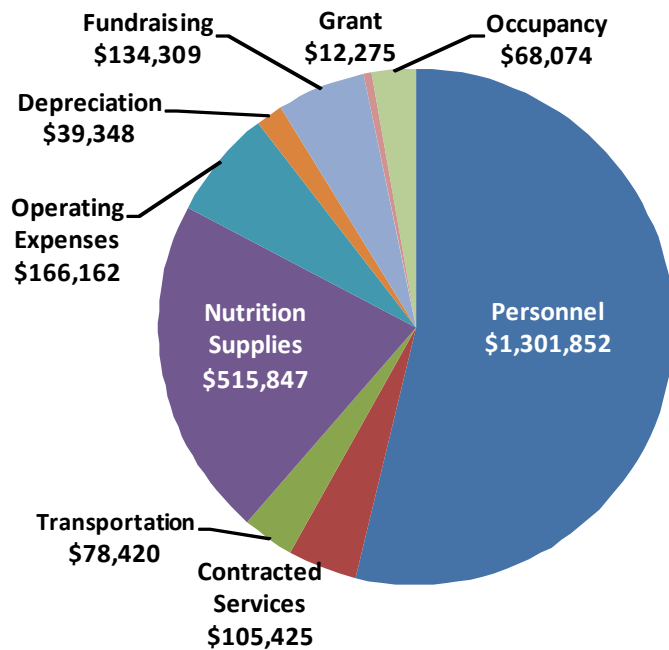
## Revenue



Senior Services of Albany revenue comes from many different sources. Government funds such as Albany County, the City of Albany, and NYSOFA, continue to be SSA's largest source of revenue.

## Expenses

Senior Services of Albany strives to maintain the lowest possible overhead costs in order to ensure the majority of SSA's expenses are utilized for programs for seniors to stay independent.



*Senior Services of Albany's fiscal year runs from January 1 to December 31. The financial information presented here was extracted from unaudited financial statements. Audited financial statements will be completed later this year.*

# *Balance Sheet*

As of December 31, 2017

	2017	2016
Cash on Hand	\$52,067	\$46,854
Accounts Receivable	\$463,315	\$463,118
Inventory	\$23,636	\$7,465
Prepaid Expenses	\$552	\$1,052
Other Current Assets	\$0	\$0
Fixed Assets	<u>\$88,520</u>	<u>\$105,017</u>
Total Assets	<u>\$628,091</u>	<u>\$623,506</u>
Accounts Payable	\$460,962	\$469,128
Deferred Income	\$29,585	\$17,480
Notes Payable	\$86,350	\$89,600
Other Current Liabilities	\$19,454	\$19,309
Payroll Liabilities	<u>\$61,443</u>	<u>\$50,290</u>
Total Liabilities	<u>\$657,794</u>	<u>\$645,808</u>
Equity	<u>(\$29,703)</u>	<u>(\$22,301)</u>
Total Liabilities & Equity	<u>\$628,091</u>	<u>\$623,506</u>

# ***How You Can Help***

## **Events to attend**

Attend our events (a great way to have fun and support Senior Services of Albany):

22nd Annual Third Age Achievement Awards - May 18, 2018

20th Annual Travers Wine Tasting - August 24, 2018

27th Annual Senior Expo - October 19, 2018

Call the Development Office at (518) 465-3322 for details.

## **Volunteering Opportunities**

Senior Services of Albany could never meet the needs of our older neighbors without the help of our amazing volunteers. We need you! Regardless of how much or little time you have to give, regardless of where your interests and talents lie, we have a spot for you. Come and deliver meals; become a health information and insurance counselor; do arts and crafts or other activities with the guests at one of our Adult Day programs; or provide administrative help in the office. Call Sallie at (518) 465-3322 or visit our website at [www.seniorservicesofalbany](http://www.seniorservicesofalbany) for more information.

## **View our Wish List**

We always need something. Please visit our website at [www.seniorservicesofalbany](http://www.seniorservicesofalbany) and view the *Wish List* under *About SSA*. You can also call the Development Office at (518) 465-3322 for more information.

## **Making a Monetary Donation**

Monetary donations are always appreciated and are essential to our ability to be able to continue our work. Give a one time gift or make a monthly donation. Consider including Senior Services of Albany in your will and leaving a legacy gift for your neighbors and friends in need. Call the Development Office at (518) 465-3322 for more information.

## **Sponsorships for Businesses**

Find out how partnering with Senior Services of Albany can help your organization and the seniors in your community. We have a sponsorship opportunity for all budgets.

## **3rd Party Event**

Have a party, plan a bowl-a-thon, start a challenge... Host a fundraiser and donate the proceeds to Senior Services of Albany. It's fun and rewarding and will make a difference in the lives of the seniors in our community.





WE ARE  
**Meals On Wheels**  
*So no senior goes hungry™*

*Senior Services of Albany is proud to be able to provide life changing support to more than 4,500 seniors across the Capital Region.*

## LOCATIONS:

Administrative Office:  
32 Essex Street, Albany, NY 12206

Meals on Wheels Kitchen  
20 Warren Street, Albany, NY 12202

Transportation Department  
20 Rensselaer Street, Albany, NY 12202

Cohoes Social Adult Day Program  
10 Cayuga Plaza, Cohoes, NY 12047

Newgate Social Adult Day Program  
760 New Scotland Ave, Albany, NY 12208

Livingston Village  
315 Northern Blvd, Albany, NY 12210

Chapman Center Community Dining Site  
340 1st Street, Albany, NY 12206

Cohoes Senior Center & Community Dining Site  
10 Cayuga Plaza, Cohoes, NY 12047

Hilltown Senior Center & Community Dining Site  
1360 Helderberg Trail, Berne, NY 12023

South Mall Towers Community Dining Site  
101 S. Pearl Street, Albany, NY 12207

Watervliet Senior Center & Community Dining Site  
1501 Broadway, Watervliet, NY 12189

Westview Senior Center & Community Dining Site  
680 Central Ave, Albany, NY 12206



Programs are funded in part by the Albany County Department for Aging, New York State Office for the Aging, the Albany Housing Authority and the City of Albany.